

PERFORMANCE BASED CONTRACT GUIDELINES

1. WHAT IS THE PURPOSE AND SCOPE OF THE SERVICE? (Describe in detail any services to be provided or materials to be purchased)

The purpose of the services to be provided by WJCS clinical social workers to students in Yonkers Public Schools is to provide crisis intervention and short-term therapy to foster student's academic and social achievement. Recognizing that the unpredictable and erratic nature of the COVID 19 pandemic has been challenging for students, the crisis stabilization clinician will work with students to provide a stable and supportive atmosphere and to help them develop the skills to cope and thrive during this challenging time.

The crisis stabilization services will be provided to any youth within the Yonkers District in need of crisis intervention. Youth may self-refer, they may be referred by school personnel, or the referral may be made by a family member. The clinician will work collaboratively with the school while respecting the confidentiality of the student. No information will be shared without the consent of the student, unless the student poses a threat to self or others. The aim of the program is to support students, families and school faculty in their common goal of making the school experience positive and successful and helping the youth to move beyond the crisis situation and develop the skills to cope with the present and future challenges.

The services may include individual, group, family and collateral treatment. Services will be in-person when possible and be available through telehealth (secure video) if and when not safe or possible to meet in person. Family support services will aid families and youth in system navigation issues so that needed supports and services can be accessed. WJCS is sensitive to the impact of the COVID 19 pandemic on students, families, and staff and will provide consultation and guidance specific to this crisis. The common overriding values of the clinical work provided by WJCS are being trauma informed, person centered, culturally competent and evidence based in all aspects of the program.

WJCS will provide/support:

For individual, family and group therapy to students of Cross Hill Academy, Ella Fitzgerald Academy and identified students in crisis districtwide.

- Mental health crisis counseling will be provided on site or via telehealth to students, who may be self-identified, identified by teachers or school staff, identified through screening, or referred by family.
- Crisis intervention services will consist of evidence-based practice targeting problematic behaviors and promoting social emotional health, skill development and positive school performance.

Family and Caregiver Involvement:

- Psycho education about social and emotional struggles of students including the impact of the pandemic.
- Collateral therapy sessions with families.

- o Tools and skills to support the healthy functioning of students in their school and community.
- Family support services will assist parents and caregivers of students in navigating and accessing needed community-based services and resources.

Linkage to Community Resources

- Provide linkage to and coordination with longer-term community resources for mental health treatment and/or recreational opportunities.

2. AMOUNT OF SERVICE?

(Set forth the monetary value of the proposed agreement and quantities and/or amounts of time required to be devoted to the contract and describe where services are to be provided as specified in Schedule “B”)

Services will be provided on site in the District and will be available virtually through telehealth when indicated or preferred by youth/family. With permission and partnership of the principal, all students will be eligible for services.

Students: therapy/crisis intervention will be provided at times mutually agreed upon by the school, the family, and the WJCS therapist. Direct services will be provided to students at the appropriate developmental level.

- o Individual Therapy /crisis intervention- every effort will be made to provide services at a time and in a manner that will cause minimal disruption to the school schedule. Sessions will promote resilience and school success, target the problematic behavior, crisis, or stressors presented by the student and will follow evidence- based practice protocol for that particular problem. Typically, a course of crisis intervention treatment will include 6-8 sessions. The sessions may be frequent as indicated by the needs and preference of the student and family.
- o Group Therapy - is an option if there is a critical mass of students struggling with similar issues and who the therapist and family feel would benefit from the group modality of treatment.
- o Family and collateral - sessions will occur to support the therapeutic crisis work with the youth.

Parent Support- WJCS trained and experienced family support workers will engage with parents and youth in support of engagement and therapeutic work. The family support workers will offer families referrals for other services, advocacy with community groups, and other related services in support of the goals of this agreement.

3. WHO IN THE SCHOOL DISTRICT IS SERVED?

(Describe whether services are to be provided directly to students, to staff, etc.)

Services to students: Students identified through screening, students having behavioral difficulties in school, and/or students self-identified or identified by staff or parents as struggling with behavioral health problems and or crisis, will be offered mental health crisis intervention services on site at the school in a confidential manner and in a private office or via telehealth.

Services to parents: WJCS will provide family support services and psycho-education and skills groups regarding mental health and social-emotional issues as needed and indicated. The crisis stabilization social worker will meet with parents and family members as needed in promoting the strengths and coping skills of the student in crisis.

4. WHO WILL PROVIDE SERVICES?

(If individual providers are contemplated, set forth the names and qualifications of the service providers)

WJCS staff involved in this service include; over sight by Leroy Ennis, supervisor of the WJCS Yonkers School Based Programs. Mr. Ennis is a N.Y. State licensed social worker with extensive supervisory, direct practice, crisis and staff development experience.

An additional WJCS licensed and experienced clinical social worker will provide crisis intervention and direct therapy services to the children, youth and collaterals.

A family support worker provides services in partnership with the social worker and enables wrap around services and “warm hand offs” to other services as needed.

4a. WILL THE CONTRACTOR BE UTILIZING ANY SUBCONTRACTORS OR VOLUNTEERS IN FURTHERANCE OF THIS AGREEMENT? IF YES, PLEASE LIST ALL OF THEIR NAMES AND CONTACT INFORMATION.

WJCS will not be utilizing any volunteers, subcontract any aspect of our services, or utilize any other agents.

5. WHAT WILL BE COMMUNICATED TO DISTRICT PERSONNEL, PARENTS, OTHERS ABOUT PROGRESS AND RESULTS OF THE SERVICES?

(How specifically will the contractor report to the School District (or parents, if applicable) about their progress towards achieving the goals of the contract?)

All students and families will be assured confidentiality in therapy sessions, consistent with HIPAA guidelines. A final report to the school will include number of students served and total number of individual and group sessions provided. Individual student progress in therapy will be reported to parents and school as relevant.

6. HOW WILL THE SCHOOL DISTRICT JUDGE THE QUALITY OF SERVICES? (Set forth the method which will be used to evaluate contractor’s performance)

Students moving beyond the crisis and being able to function within the school environment without incident will indicate success in this program. Improvement on evidence based psychological measures such as the PHQ9 and GAD7 will indicate improvement. The program will promote the social and emotional wellness of students, reduce school absentee and suspension rates for those students involved in crisis services and promote the overall resilience of students. Services will be designed to support the overall goals of the school in fostering students’ academic and social achievement.

7. INDIVIDUALS RESPONSIBLE FOR ADMINISTERING THE CONTRACT.

Vendor Name: WJCS

Vendor Address: 845 North Broadway, White Plains, NY 10603

Vendor Phone No.: 914-761-0600, ext. 2207

Vendor Business Status: Not-for-Profit, 501c3 corporation, Westchester, NY

Vendor Contact Name: Pat Lemp, LCSW, Chief Clinical Officer

Vendor Contact Email: plemp@wjcs.com

Tax ID No.:13-1740071

School District Administrator Name: Elaine Shine

School District Administrator Title: Executive Director

School District Administrator Phone No.:914-376-8183

School District Administrator Email:eshine@yonkerspublicschools.org

8. ARE THE SERVICES PURSUANT TO A GRANT AGREEMENT? IF YES, WHAT IS THE GRANT, AND WHAT ARE THE GRANT REQUIREMENTS RELATED TO THIS AGREEMENT?

Yes, one of the goals of the Title IV funding is to support student social emotional developmental health.

9. WILL THE CONTRACTOR BE RECEIVING ANY STUDENT DATA OR OTHER DATA FROM YONKERS PUBLIC SCHOOLS? IF YES, PLEASE DESCRIBE. IF STUDENT DATA IS BEING SHARED, PLEASE PROCEED TO QUESTION 10 BELOW.

As a licensed Article 31 NYS Office of Mental Health Clinic provider WJCS does obtain student data from parents, students, and teachers. This data is kept confidential and will never be re-disclosed without expressed release.

10. WILL THE STUDENT DATA BE USED FOR THE PURPOSE OF DEVELOPING, VALIDATING, ADMINISTERING STUDENT AID PROGRAMS, OR IMPROVING INSTRUCTION? IF YES, PLEASE SPECIFICALLY DESCRIBE.

No, the data obtained and tracked is for the purposes of assessing ongoing academic functioning and improvements tied to mental health functioning. It is not utilized for any other purposes.

Performance Based Guidelines

Reviewed and approved by:



(Signature of School District administrator/employee)



(Printed Name)