

PERFORMANCE BASED CONTRACT GUIDELINES

1. WHAT IS THE PURPOSE AND SCOPE OF THE SERVICE? (Describe in detail any services to be provided or materials to be purchased)

The purpose of the community parent workshops is to provide parents of school aged children with the resources and skills needed to support and guide their children at home.

MINDFULNESS & SELF CARE: This workshop demonstrates the benefits of mindfulness and demystifies it. Participants learn and explore mindfulness exercises that will enable them to self-regulate and balance their personal lives and work.

TRAUMA 101: This workshop introduces participants to the impact of trauma on individuals using the CDC-Kaiser research study, ACES, as a foundation. This study notes the high prevalence of trauma in the general population and the correlation of trauma exposure to negative health outcomes across physical, social and emotional functioning. Attendees develop an understanding of the impact of trauma and strengthen their trauma sensitive response repertoire.

SUPPORTING ADOLESCENT MENTAL HEALTH: Participants learn about Adolescent Development and the warning signs and symptoms of mental disorders. Tools and strategies are provided to enable individuals to support youth and refer to appropriate professional help while destigmatizing mental illness.

2. AMOUNT OF SERVICE?

(Set forth the monetary value of the proposed agreement and quantities and/or amounts of time required to be devoted to the contract and describe where services are to be provided as specified in Schedule "B")

6 parent workshops will be facilitated throughout the school year ranging from 60-120 minutes. 3 topics will be offered, with each topic offered in English & Spanish.

Scheduled dates: 9/27/23, 10/3/23, 12/5/23, 1/3/24, & 2/1/24

- 1) Mindfulness & Self-Care (English)-60 minutes*
- 2) Mindfulness & Self-Care (Spanish)-60 minutes*
- 3) Trauma 101(English)-60 minutes*
- 4) Trauma 101(Spanish)-60 minutes*
- 5) Supporting Adolescent Mental Health (N/A)-120 minutes*

3. WHO IN THE SCHOOL DISTRICT IS SERVED?

(Describe whether services are to be provided directly to students, to staff, etc.)

Parent workshops will be facilitated during after school hours in both English and Spanish, offered to all parents of students in the Yonkers Public School District.

4. WHO WILL PROVIDE SERVICES?

(If individual providers are contemplated, set forth the names and qualifications of the service providers)

Westchester Jewish Community Services, Inc. employees will provide services under the coordination and supervision of Caitlin Leon, Director of Digital Equity & Training.

4a. WILL THE CONTRACTOR BE UTILIZING ANY SUBCONTRACTORS OR VOLUNTEERS IN FURTHERANCE OF THIS AGREEMENT? **IF YES, PLEASE LIST ALL OF THEIR NAMES AND CONTACT INFORMATION.**

N/A

5. WHAT WILL BE COMMUNICATED TO DISTRICT PERSONNEL, PARENTS, OTHERS ABOUT PROGRESS AND RESULTS OF THE SERVICES?

(How specifically will the contractor report to the School District (or parents, if applicable) about their progress towards achieving the goals of the contract?)

Caitlin Leon, Director of Digital Equity & Training at WJCS will work directly with James Rose, Director of Special Projects at Yonkers Public Schools to schedule and coordinate all workshops outlined in the contract.

6. HOW WILL THE SCHOOL DISTRICT JUDGE THE QUALITY OF SERVICES? (Set forth the method which will be used to evaluate contractor's performance)

The Yonkers Public Schools will conduct ongoing monitoring of the quality of the contractual services provided by the contractor. Such monitoring will include but is not limited to agendas, site visits, summary reports, surveys, and attendance at performances. The district will share the results of the evaluations with the vendor for feedback and to plan for the future.

7. INDIVIDUALS RESPONSIBLE FOR ADMINISTERING THE CONTRACT.

Vendor Name: Westchester Jewish Community Services
Vendor Address: 845 N Broadway, White Plains, NY 10603
Vendor Phone No.:914-761-0600
Vendor Business Status: Non-profit
Vendor Contact Name: Caitlin Leon
Vendor Contact Email: cleon@wjcs.com
Tax ID No.: 1131740071A2

School District Administrator Name: Lissette Colón-Collins
School District Administrator Title: Assistant Superintendent Language Acquisitions, Funded Programs, School Improvement and The Arts
School District Administrator Phone No.: 914-376-8230
School District Administrator Email: icolon-collins@yonkerspublicschools.org

8. ARE THE SERVICES PURSUANT TO A GRANT AGREEMENT? **IF YES, WHAT IS THE GRANT, AND WHAT ARE THE GRANT REQUIREMENTS RELATED TO THIS AGREEMENT?**


Yes, the ARP-HCY fund was created for the purposes of identifying homeless children and youth, providing wraparound services in light of the impact of the COVID-19 pandemic, and providing assistance needed to enable homeless children and youth to attend school and participate fully in school activities, including in-person instruction this spring and summer learning and enrichment programs.

9. WILL THE CONTRACTOR BE RECEIVING ANY STUDENT DATA OR OTHER DATA FROM YONKERS PUBLIC SCHOOLS? **IF YES, PLEASE DESCRIBE. IF STUDENT DATA IS BEING SHARED, PLEASE PROCEED TO QUESTION 10 BELOW.**

No

10. WILL THE STUDENT DATA BE USED FOR THE PURPOSE OF DEVELOPING, VALIDATING, ADMINISTERING STUDENT AID PROGRAMS, OR IMPROVING INSTRUCTION? **IF YES, PLEASE SPECIFICALLY DESCRIBE.**

No

<p>Performance Based Guidelines Reviewed and approved by:</p> <p> _____ (Signature of School District administrator/employee)</p> <p><u>Rosa Chavez</u> _____ (Printed Name)</p>
