

PERFORMANCE BASED CONTRACT GUIDELINES SCHEDULE B

Consultant: Inner Being LLC
Contract Dates: October 2024 to June 2025
Federal ID: 84-1928062

Description of Services	School/Site	Consultant's Daily Rate	Number of Days	Hours/Day	Amount
<p>Inner Being, LLC will introduce elementary school students to the practice of yoga, mindfulness, and self-regulation techniques that support their physical, emotional, and mental well-being. The program is designed to help students improve focus, reduce stress, and enhance overall wellness through age-appropriate yoga poses, breathing exercises, and mindfulness activities. Workshops will incorporate creative arts, journaling, and games to foster engagement and make the learning process fun and effective. The goal is to equip students with tools to manage emotions, develop resilience, and promote a healthy lifestyle, both in and out of school.</p>	<p>Ella Fitzgerald Academy</p>	<p>240</p>	<p>72</p>	<p></p>	<p>\$ 17,280.00 \$ -</p>

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	\$	-
	\$	-
	\$	-
	\$	-
	\$	-
Total:	\$	17,280.00